



Urban Building Projects are fully supporting an armed services charity which has set up home in Warrington. Blue Apple Heroes are in the process of moving into a new centre on an industrial estate off Liverpool Road.

Urban have teamed up with the charity to help renovate the building and have also donated various items including furniture, beds and computers.

Carl Palmer, Managing Director of Urban was joined by two familiar local faces as the ball got rolling on the project with former Wolves wingman Mark Forster, who also works for Urban, and current player Chris Riley lending a helping hand.

They were joined by Ex Gunner/Paratrooper Mark Smith who set up the charity in 2010 to support the armed forces community and their families past and present. At the time Mark had been undergoing treatment for complex Post Traumatic Stress Disorder and combat stress.

He went on to write a simple poem called 'Blue Apples' which touched the lives of many and the Charity was soon born. The group now meet veterans and their families in their own home and look at what their needs are, and then work on a plan on how best to support them.

This support can range from housing, to assisting them with counselling, employment, or just day to day living. A drop in centre also exists at the Gateway in the town centre where daily activities are offered alongside a fortnightly day out.

All information on the charity can be obtained at www.blueappleheroes.org.uk

Picture shows (L-R) Carl Palmer from Urban Building, Mark Smith from Blue Apple Heroes, Chris Riley and Mark Forster. ***Courtesy of Warrington Worldwide.***

Turn overleaf to see a letter from the Charity thanking Urban Building Projects for their input.



Supporting the Armed Forces community, and their families past and present.

Date: 20th March 2014

Urban Building Projects Ltd
410 Europa Boulevard,
Gemini Business Park,
Warrington.
WA5 7TR

Dear Carl Palmer

On behalf of myself and Blue Apple Heroes I would like to thank you for your kind donation of beds and furniture, these items will be put to very good use with the veterans and will also boost much needy funding for our charity where we can help more veterans and their families within the Armed Forces Community.

Yours sincerely

A handwritten signature in blue ink, appearing to read "M. Smith", with a long horizontal flourish underneath.

Mark Smith, Chief Executive.
www.blueappleheroes.org.uk

The Gateway, 89 Sankey Street,
Warrington, Cheshire. WA1 1SR.

Registered Charity No. 1155417